

Curriculum Vitae
DANIEL T. CORDARO
Founder & CEO
THE CONTENTMENT FOUNDATION

ADDRESS 1963 Turk Street, San Francisco, CA, 94115
+1 (570) 815-5914, daniel@contentment.org
www.contentment.org

FOUNDATIONAL WORK

2016 – Pres. Founder & CEO
Contentment Foundation

2021 – Pres. Adjunct Faculty Member
Columbia University

2016 – 2017 Faculty & Director of Wellbeing
Yale University, Center for Emotional Intelligence

2015 – 2016 Post Doctorate, Yale University
Yale Center for Emotional Intelligence

2014 Ph.D., UC Berkeley, Psychology
Thesis Title: Universals and Cultural Variations in Emotional Expression

2012 Board of Advisors
Institute for the Study of Learning & Cognition

2011 M.A., UC Berkeley, Psychology
Thesis Title: Understanding Emotions: Discrete and Continuous Perspectives

2010 Medical Physician Consultant
Sutter Health System of California

2009 M.S., UC Berkeley, Chemistry
Thesis Title: Towards a Bioorthogonal Tag for Glycosylation Pattern Sequencing

2007 B.S., Ithaca College, Chemistry

HONORS, AWARDS, & GRANTS

2021 Ashoka Fellowship Award

2020 UBS Global Visionary Award

2019 Edmund Hillary Fellowship

2018 Corbett Family Foundation Project Award

2017 Roddenberry Foundation Service Award

2016 Corbett Family Foundation Project Award

2016 XPrize Foundation #1 Mentor Award

2016 XPrize Visioneer – Prize Team Leader

2015 North and Latin America Investment Award

2015 Corbett Foundation Research Grant

2013 Templeton Foundation Research Grant, with Keltner, D. *et al.*, UC Berkeley

2011 National Science Foundation Graduate Student Research Program Fellowship

2010 Diebold Fellowship Award

2008 UC Berkeley Outstanding Instructor Award

2007 Sigma Xi Outstanding Researcher Award

2006 National Science Foundation Undergraduate Research Fellowship

2004 Ithaca College Oracle Society

2003 Ithaca College Presidential Fellowship Award

ORIGINAL RESEARCH PUBLICATIONS

Cordaro, D. (2021 in press). Basic Emotion Theory: A Beginner's Guide. *Oxford Handbook of Evolution and the Emotions*. Oxford University Press.

Cordaro, D. (2021 in press). Contentment: The Evolution of Indestructible Wellbeing. *Oxford Handbook of Evolution and the Emotions*. Oxford University Press.

Cordaro, D., Bai, Y., Bradley, C., Zhu, F., Han, R., Keltner, D., (2020 under review). Contentment and Unconditional Self-Acceptance: Wellbeing Beyond Happiness. *Emotion*.

Erhan, T., Aytas, S., & **Cordaro, D.** (2020, in preparation). The PEACE Scale: Turkish Translation & Validation. *Journal of Happiness Studies*.

Cordaro, D., Bradley, C., Zhang, J.W., Zhu, F., & Han, R., (2020). The Positive Emotion Assessment of Contentment Experience. *Journal of Happiness Studies*, 22(4), 1769-1790. DOI: 10.1007/s10902-020-00295-9

Bradley, C. & **Cordaro, D.**, (2020). Impacts of the Four Pillars of Wellbeing Curriculum: A Three-Year Pilot Study. *Translational Issues in Psychological Science*. DOI: 10.1037/tps0000275

Cordaro, D., Sun, R., Kabmle, S., Hodder, N., Monroy, M., Cowen, A., Bai, Y., and Keltner, D., (2019). The Recognition of 18 Facial-Bodily Expressions across Nine Cultures. *Emotion*. DOI: 10.1037/emo0000576

Cordaro, D., Bradley, C., Zhu, F., Vildostegui, M., Han, R., Brackett, M., and Jones, J. (2018). Supporting Improvements in Classroom Climate for Students & Teachers with the Four Pillars of Wellbeing Curriculum. *Translational Issues in Psychology*, 4(3), 245. DOI: 10.1037/tps0000162

Stellar, J.E., Gordon, A.M., Piff, P.K., **Cordaro, D.**, Anderson, C.L., Bai, Y., Maruskin, L.A., and Keltner, D. (2017). Self-transcendent emotions and their social functions: Compassion, gratitude, and awe bind us to others through prosociality. *Emotion Review*, 9(3), 200-207. DOI: 10.1177/1754073916684557

Cordaro, D. T., Sun, R., Keltner, D., Kamble, S., Huddar, N., & McNeil, G. (2017). Universals and cultural variations in 22 emotional expressions across five cultures. *Emotion*, 18(1), 75. DOI: 10.1037/emo0000302

Keltner, D. & **Cordaro, D.** Understanding Multimodal Expressions. In Fernandez-Dols, J.M., Russell, J. (Eds.). *The Science of Facial Expressions (2017)*. Chapter 3, pp.57-75. Oxford Press.

Keltner, D., Tracy, J., Sauter, D., **Cordaro, D.**, McNeil, G. Expression of Emotion (2016). In Barrett, L.F., Lewis, M., Haviland-Jones, J.M. (Eds.). *Handbook of Emotions*. pp. 467-482. Guilford Press.

Cordaro, D., Keltner, D., Tshering, S., Wangchuk, D., & Flynn, L. M. (2016). The voice conveys emotion in ten globalized cultures and one remote village in Bhutan. *Emotion*, 16(1), 117.

Keltner, D. & **Cordaro, D.T.** (2016) "Understanding Multimodal Emotional Expressions: Recent Advances in Basic Emotion Theory", *Emotion Researcher*, ISRE's Sourcebook of Research on Emotion and Affect, Andrea Scarantino (ed.).

Cordaro, D. T., Brackett, M., Glass, L., & Anderson, C. L. (2016). Contentment: Perceived completeness across cultures and traditions. *Review of General Psychology*, 20(3), 221. DOI: 10.1037/gpr0000082

Keltner, D. & **Cordaro, D.** (2015). Understanding Multimodal Emotional Expressions: Recent Advances in Basic Emotion Theory. *Emotion Researcher*. Special Edition.

Cordaro, D., Keltner, D., Sun, R., Kamble, S., Hudder, N., (2014). Pan-Cultural Evidence for 24 New Facial and Vocal Expressions Across Ten Cultures. *University of California Berkeley Press*.

Baker, L.H., **Cordaro, D.**, Platt, F.W. (2012). The First Minute. *Medical Encounter*. 26(4), 83-84.

Ekman, P. & **Cordaro, D.** (2011). What is meant by calling emotions basic. *Emotion Review*. 3(4), 364-370. DOI: 10.1177/1754073911410740

UNIVERSITY COURSES TAUGHT

2021	The Four Pillars of Wellbeing, Columbia University
Su 2016	Human Emotion, Yale University
Su 2013	Human Emotion, UC Berkeley
Su 2010	Advanced Chemistry, UC Berkeley, Academic Talent Development Program
Fa 2009	General Chemistry, UC Berkeley

GRADUATE INSTRUCTION TEACHING APPOINTMENTS

Spring 2013	Social Psychology, UC Berkeley Department of Psychology
Fall 2010	Emotion, UC Berkeley Department of Psychology
2007-2009	Organic Chemistry, UC Berkeley Department of Chemistry (6 Semesters)
2006-2007	Organic Chemistry Teaching Assistant, Ithaca College Department of Chemistry
2005-2006	Environmental Chemistry Teaching Assistant, Ithaca College Dept. of Chemistry
2004-2005	General Chemistry Teaching Assistant, Ithaca College Department of Chemistry

UC Berkeley and Yale University overall student approval rating for all courses taught is greater than 95% (N>600).

INVITED TALKS AND SEMINARS

Cordaro, D. (2020). Help for the Helpers. Communities in Schools, USA.

Cordaro, D. (2019). Emotional Intelligence and Leadership. Stenden University, Indonesia.

Cordaro, D. (2019). Mindfulness & Contentment. Insight Ignite, Salt Lake City, Utah.

Cordaro, D. (2019). Mindfulness & Contentment. Insight Ignite, Reykjavik, Iceland.

Cordaro, D. (2018). The Four Pillars of Wellbeing. Abroad, Thimphu, Bhutan.

Cordaro, D. (2016). Experiencing Contentment. MindValley A-Fest Speaker Series, Cancun, Mexico.

Cordaro, D. (2015). The Four Pillars of Wellbeing. Corbett Prep Teaching Series, Tampa, Florida.

Cordaro, D. (2014). A Journey of Human Emotion and Fundamental Contentment. Being Human Speaker Series, San Francisco, CA.

Cordaro, D. (2014). Nonverbal Communication Across Cultures. Sherubtse College Invited Speaker Series, Kanglung, Bhutan.

Cordaro, D. (2014). Human Emotion and Modern Media. Sherubtse College Invited Speaker Series, Kanglung, Bhutan.

Cordaro, D. & Flynn, L. (2013). Touch Conveys Discrete Emotions. Berkeley Science Review, Berkeley, CA.

Cordaro, D. (2013). A Brief History of Emotion Science and The Expression and Interpretation of Emotions Across Cultures. Ithaca College, NY.

Cordaro, D. (2012). Decoding the Human Language II: Expressions from the USA and East Asia. Karnatak University Psychology Colloquium, Karnataka, India.

Cordaro, D. (2012). Decoding the Human Language: An Introduction to Global Fluency. Peking University Psychology Department Colloquium. Beijing, China.

Cordaro, D. (2011). Can we foster compassion by teaching emotional expressions? TEDxGoldenGateED. Richmond, CA, USA.

CONFERENCE PRESENTATIONS

Cordaro, D. (2015) Realizing Contentment – An Emotion of completeness, wellness, and interconnection. *International Conference on Gross National Happiness*. Thimphu, Bhutan.

Cordaro, D. (2013) The Expression and Interpretation of Emotions Across Cultures. *International Congress on Emotional Intelligence*. New York City, NY.

Cordaro, D. (2013). The Elements of Expression: New Emotional Expressions, Patterns, and Differences Across Five Cultures. *International Society for Research in Emotion*. University of California, Berkeley.

Cordaro, D. (2013). The Expression of Emotion across Cultures. *Berkeley-Stanford Talks*. University of California, Berkeley.

Cordaro, D. & DeTuri, V. (2007). Proton transfer between chloroform and methoxide in methanol: A microsolvation study of carbanion formation in a protic solvent. ACS National Meeting.

Cordaro, D. & DeTuri, V. (2006). Proton transfer between chloroform and methoxide in methanol: A microsolvation study of carbanion formation. Northeast Regional Meeting.

Cordaro, D. & DeTuri, V. (2005). Proton transfer between chloroform and methoxide in methanol: A microsolvation study of carbanion formation. James J. Whalen Academic Symposium.

RESEARCH EXPERIENCE

Present	Contentment & Wellbeing Across Cultures
2015-2016	Emotional Intelligence, Human Emotion, and Wellbeing, Yale University
2009-2014	Emotion Psychology, UC Berkeley, Institute of Personality and Social Research
2010-2011	Emotion Psychology, Paul Ekman Group
2009	Chemistry Education, UC Berkeley
2007-2009	Bio-Organic Chemistry, UC Berkeley
2006	Supramolecular Chemistry, UC San Diego
2005	Organometallic Chemistry, Universität Erlangen-Nürnberg, Erlangen, Germany
2003-2007	Organic and Computational Chemistry, Ithaca College

CURRENT RESEARCH AREAS

- Realizing and understanding the emotion contentment
- The differences and similarities of wellbeing conceptualization across cultures
- Creating tools to teach sustainable wellbeing to adults and children

SERVICE

2013-2014	Yale Center for Emotional Intelligence, Scientific Consultant
2012-2014	Facial Action Coding System Instructor, UC Berkeley
2011-2012	Interpersonal Behavior Consultant, Haas Business School, UC Berkeley
2010-2014	Physician-Patient Interaction Consultant, Sutter Health
2010-2013	Cognisess, LLC. Scientific Consultant

CERTIFICATIONS & SPECIAL TRAINING

2015	Four Pillars of Wellbeing, Certified Instructor
2011	Facial Action Coding System, Certified Coder
2011	Emotion Facial Action Coding System (EMFACS)

MEMBERSHIPS AND ASSOCIATIONS

2021-Present	The Royal Society of Medicine, London
2021-Present	The Battery, San Francisco
2019-Present	1880, Singapore

OTHER PUBLICATIONS

2011	Olivier Said & Mike C. (2011). Kitchen on Fire!: Mastering the Art of Cooking in 12 Weeks (or Less). Chapter 13: The Basic Science of Cooking by Daniel Cordaro. Da Capo Lifelong Books; 375-405.
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